**SAMPLE TEXT ADVERTISMENT**

**Childcare training offered for middle school sitters**

Safe Sitter, a nationally recognized training program, will be offered to any interested middle school youth on Saturday, September 14 (9am-3pm). Participants will learn valuable skills such as feeding and diapering, CPR, first aid, best practices and helpful hints to run their own business. A $20 per person fee will provide all materials and lunch. Registration is limited and will close at midnight on September 7. Register at [www.catalystcatholic.org/safesitter](http://www.catalystcatholic.org/safesitter).